



# Moon Full of Moons: Poetry of Transformation

*Kat Lehmann*

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**Moon Full of Moons: Poetry of Transformation** Kat Lehmann

**FIRST PLACE WINNER OF THE 2016 ROYAL DRAGONFLY BOOK AWARD IN POETRY!**

**A journey into darkness and back to the light. The Moon makes it look so easy.**

*Moon Full of Moons* describes a personal transformation of finding acceptance, healing, and a new happiness after deep sadness. The collection of poems is sequenced with the Moon's phases, which provide a touchstone for personal transformation.

The tone of *Moon Full of Moons* is raw and vivid, with lush, evocative imagery. Informed by a journey of healing, the book draws a passionate line in the sand for the struggle for happiness following loss: **"Everything is made from the remnants of what was. So - yes - you can build from it again."** It is self-help expressed as poetry, with an impassioned call to accept what cannot be changed and live..

"Kat Lehmann writes in an honest, magical way, opening up fresh possibilities the mind and heart. Every word and phrase in the book reeks of so much soul, giving one hope and joy as one traverses through this journey." - Barnes & Noble reader review.

Kat Lehmann is the author of more than ninety poems published in literary journals and anthologies.

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#### **Clarence Anderson:**

People live in this new day of lifestyle always try and and must have the spare time or they will get great deal of stress from both way of life and work. So , when we ask do people have time, we will say absolutely indeed. People is human not only a robot. Then we question again, what kind of activity are you experiencing when the spare time coming to you actually of course your answer may unlimited right. Then do you ever try this one, reading publications. It can be your alternative inside spending your spare time, often the book you have read is definitely Moon Full of Moons: Poetry of Transformation.

#### **Lamar Santiago:**

In this period of time globalization it is important to someone to receive information. The information will make someone to understand the condition of the world. The fitness of the world makes the information simpler to share. You can find a lot of recommendations to get information example: internet, newspapers, book, and soon. You can view that now, a lot of publisher which print many kinds of book. Typically the book that recommended for your requirements is Moon Full of Moons: Poetry of Transformation this publication consist a lot of the information from the condition of this world now. This specific book was represented just how can the world has grown up. The dialect styles that writer value to explain it is easy to understand. The writer made some research when he makes this book. That is why this book acceptable all of you.

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