



Orthotics in Rehabilitation: Splinting the Hand and Body

Pat McKee, Leanne Morgan

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-- Synthesis of theoretical concepts with orthotic fabrication procedures-- Emphasis is on the hand and upper extremities, but the book also provides a reference for the lower extremities-- Heavily illustrated fabrication procedures include patterns and step-by-step instructions for dozens of orthoses, described in a way that both the beginner and experienced therapist will understand-- The designs, both static and dynamic, are innovative and emphasize client comfort and compliance-- For each orthosis, the following components are addressed: name of orthosis, common names, design category, objectives, indications, rationale, recommended materials, equipment and tools, pattern, fabrication, wearing regimen, precautions, options, alternatives, and helpful hints-- Theoretical concepts include: joint mechanics and considerations for joint positioning; tissue biomechanics; rationale for orthotic intervention for contractures, fractures, neuropathies, arthritis, tendon injuries, spasticity, paralysis; controlling scarring and edema; orthotic design principles; criteria for thermoplastic selection; and ergonomic considerations for orthotic fabrication-- Pedagogical features include Helpful Hints, which are interspersed throughout the book; and Case Studies with Critical Thinking Questions

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