

Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Clear Skies)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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John Harris:

A lot of people always spent their own free time to vacation or perhaps go to the outside with them family or their friend. Do you realize? Many a lot of people spent these people free time just watching TV, or maybe playing video games all day long. If you need to try to find a new activity that's look different you can read any book. It is really fun in your case. If you enjoy the book that you simply read you can spent the entire day to reading a e-book. The book Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Clear Skies) it is rather good to read. There are a lot of people that recommended this book. These folks were enjoying reading this book. In the event you did not have enough space to develop this book you can buy typically the e-book. You can m0ore very easily to read this book from your smart phone. The price is not to cover but this book possesses high quality.

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