



# **Fast Facts About Pressure Ulcer Care for Nurses: How to Prevent, Detect, and Resolve Them in a Nutshell**

*Mary Ellen Dziedzic*

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This *Fast Facts* will assist with improving outcomes for patients with pressure ulcers and strategies for decreasing pressure ulcer occurrence within a facility. Using the easy to read, quick-access *Fast Facts* style, the book presents guidelines for assessing, preventing, and treating pressure ulcers, for establishing an ulcer reduction program, and for increasing reimbursement. It includes tips for care in the *Fast Facts in a Nutshell* feature format.

Pressure ulcers can be devastating not only for the patient but those caring for them. Sometimes with even the best of care, pressure ulcers occur, but what about those that can be prevented? The author, with the help of nursing staff at all levels, achieved pressure ulcers reduction in her facility by 54% over a one year period through implementation of an ulcer reduction program.

This book will cover pressure ulcer risk assessment (important to include in the initial patient assessment), incidence, underlying causative factors, factors to eliminate when planning patient care, equipment that can help prevent 'pressure' on susceptible patient tissues, issues concerning dressings and treatments, benefits of creating a skin care team, how to document to insure higher reimbursement, and lastly, working with outpatients.

Additionally, nurses studying for certification as a Wound, Ostomy Continence Nurse (WOCN) will find support material related to identifying, preventing, and resolving pressure ulcers that is difficult to access in other publications.

### Key Features of this Book in Bullet-Point Format

- Succinct Fast Facts Reference style provides easy access to important Pressure Ulcer Facts
- Includes the Fast Facts in a Nutshell tips that help guide nursing staff towards improving assessment, treatment, and documenting skills
- Provides care delivery parameters and documentation required for optimal Medicare & Medicaid reimbursement
- Delivers frequently-used guidelines for on assessing, measuring, and grading pressure ulcers, and documenting the findings
- Presents strategies for establishing an ulcer prevention program
- Authored by a coordinator of a successful wound ostomy program in a facility that has reduced pressure ulcer occurrence by 54% in one year

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