



# **FIRST YOU BOIL A CHICKEN: Food Lover's Guide to the World's Chicken Soups**

*Lenny Karpman MD*

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**FIRST YOU BOIL A CHICKEN: Food Lover's Guide to the World's Chicken Soups** Lenny Karpman MD

Lenny Karpman's entertaining and comprehensive journey with chicken soup ingredients, culture, wisdom and recipes from more than 100 countries is crafted to delight armchair food and travel lovers, ethnic cuisine aficionados, and adventurous cooks.

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