



Easy, Fun Ways to Trim Your Tummy, Thighs & Tush

Leskie Pinson

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In ten minutes a day these fun but effective exercises will eliminate those unsightly bulges from your tummy, tush, and thighs. You will hardly break sweat with these simple, custom designed workouts- with easy to follow instructions- to trim flab from those saddlebag thighs, pot bellies and oversized butts.

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