



The Everything Parent's Guide to the Defiant Child: Reassuring advice to help your child manage explosive emotions and gain self-control

Jesse Jayne Rutherford, Kathleen Nickerson

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Dealing with defiant children can be frustrating, time-consuming, and emotionally exhausting for parents and kids alike. But with this practical, reassuring handbook, you no longer have to feel helpless. You'll learn how to defuse the negativity, hostility, antagonism, and explosive anger that can ruin your child's relationships with family, friends, teachers, and other authority figures.

This book helps you to:

- Choose which battles to fight
- Follow through
- Be consistent
- Communicate clear expectations and consequences (without yelling)
- Give your child some power over his life
- Reinforce positive changes

Most important, you'll learn why defiance happens and how to react when it does. You will adopt the parenting and anger-management skills you need to make a real difference in your child's life. You'll help your child control his emotions--and grow up to be healthy, well-rounded adult.

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Sylvia Medina:

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straight away because this e-book has good vocabulary that could increase your knowledge in terminology, easy to understand, bit entertaining but nevertheless delivering the information. The author giving his/her effort to place every word into pleasure arrangement in writing *The Everything Parent's Guide to the Defiant Child: Reassuring advice to help your child manage explosive emotions and gain self-control* yet doesn't forget the main place, giving the reader the hottest along with based confirm resource information that maybe you can be one among it. This great information could drawn you into brand new stage of crucial thinking.

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