



Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Color Burst)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Color Burst) can be one of your basic books that are good idea. Most of us recommend that straight away because this reserve has good vocabulary which could increase your knowledge in vocab, easy to understand, bit entertaining however delivering the information. The copy writer giving his/her effort to put every word into joy arrangement in writing Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Color Burst) yet doesn't forget the main point, giving the reader the hottest in addition to based confirm resource information that maybe you can be among it. This great information could drawn you into brand-new stage of crucial imagining.

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