



The Taijiquan Way: A Resource for Those in Spiritual Crisis

Darin A. Hamel

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When spiritual forces such as Kundalini awaken in us, it is supposed to be a wondrous event filled with bliss and light. Often times it is not all bliss and light and this book is the resource for those who are in spiritual crisis.

The Taijiquan Way tells the story of a man undergoing spiritual crisis through out-of-body experiences, the Persian Gulf War, kundalini, and how they were resolved through Taijiquan training.

All the proceeds from the sale of this book will go to building a non-profit Taijiquan training center for those in spiritual crisis.

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