



Leisure & Aging: Ulyssean Living in Later Life

Frances A. McGuire, Rosangela K. Boyde, Ted Tedrick

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Leisure and Aging provides an overview of the aging process and its relationship to leisure. It is designed to develop understanding about the aging process and how leisure can contribute to later life and to explore the environment in which people age. Chapters cover theoretical perspectives on aging; biological, cognitive, and psychological aging; motivations and constraints to leisure; living and community environments; and leisure and recreation in long-term care

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