



# Metacognition

*John Dunlosky, Janet Metcalfe*

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**Metacognition** is the first textbook to focus on people's extraordinary ability to evaluate and control their cognitive processes. This comprehensive text covers both theoretical and empirical metacognitive research in educational, developmental, cognitive and applied psychology.

Authors John Dunlosky and Janet Metcalfe address many of the key questions that have inspired scientists to pursue research in this domain. To answer these and many other questions, the authors assess major theoretical themes and programmatic research in the field. The authors also include chapters that define the scope of metacognition and cover its historical origins. Not only do they describe well-received theories about the nature of metacognition, but they also highlight unresolved mysteries currently on the cutting-edge of research.

## Key Features

- Emphasizes the practical relevance of theory and research in metacognition to learning with the use of "Application" boxes
- Introduces students to important questions that have yet to be answered by the metacognitive research literature with the inclusion of "Mystery" boxes
- Provides three easy-to-conduct demonstrations (e.g., tip-of-the-tongue experience, delayed-judgment-of-learning effect, etc.) that students can try themselves
- Offers brief biographies that introduce students to some of the most influential leaders in metacognition
- Includes a general summary at the end of each chapter

## Intended Audience

This text is an ideal resource for undergraduate cognitive psychology students. It also serves as a comprehensive handbook for more advanced students and psychological scientists engaged in the study of metacognitive processes.

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