



# **Beyond Curry Indian Cookbook: A Culinary Journey Through India**

*Denise D'silva Sankhé*

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## Explore the Flavors of Indian Cooking with Mouth-Watering Recipes?From Authentic Regional Classics to Mainstream Fusion Favorites

Join Mumbai-based food blogger Denise D'silva Sankhé on a culinary adventure of nostalgia and tasty surprises spanning the regions of India. In *Beyond Curry, An Indian Cookbook*, Denise shares her rich personal story of Indian cooking with profiles of unique regional Indian food. You'll explore Indian cooking with convenient, no-fuss recipes, accessible ingredients, and must-know secrets behind authentic Indian food. Discover delicacies from the North (Tandoori Chicken) to breakfast delights from the South (Dosas) to popular Indian-Chinese dishes, and much more.

Whether you long to recreate beloved childhood recipes, are a time-strapped professional, or a home cook new to Indian cooking, *Beyond Curry, An Indian Cookbook* guides you through a cuisine that is diverse, satisfying, and easy to create in your kitchen.

Learn to prepare Indian food at home, with:

- Simple and convenient recipes using easy-to-find ingredients
- Low-prep times yielding dishes suitable for 4 to 6 people
- Pepper icons indicating spice levels (mild, medium, hot) with tips for adjusting the heat
- Healthy modifications to address dietary needs
- Bonus Indian slow cooker and pressure cooker tips for easier-than-ever dishes

Your journey into regional Indian food with *Beyond Curry* will open your eyes, and taste buds, to the delights and popular dishes of India.

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