



Botanical Beauty: 80 Essential Recipes for Natural Spa Products

Aubre Andrus

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Soak, scrub, and soothe your way to relaxation with simple homemade spa recipes from award-winning author Aubre Andrus. Using some of nature's best ingredients, such as beeswax, sugar, coconut oil, shea butter, avocado, sea salt, essential oils, and more, craft everything from a Cooling Peppermint Hand Cream to a Vanilla Honey Body Scrub. Make practical products, like your own all-natural Bugs-Be-Gone Insect Repellent, Minty Homemade Toothpaste, and Natural Shaving Cream. Or pamper yourself after a long day with a Re-energizing Tub Tea, Lovely Lavender Bath Salts, and a Deep Conditioning Treatment. Nourish your body from head to toe with these organic, handmade recipes and crafts, or package them as a gift to share a fresh, fun spa experience.

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