



# **Bare Root Mornings: 50 Paleo Breakfast & Brunch Recipes for the Modern Food Lover**

## **(Volume 2)**

*Angela Gallardo*

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# **Bare Root Mornings: 50 Paleo Breakfast & Brunch Recipes for the Modern Food Lover (Volume 2)**

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## **Bare Root Mornings: 50 Paleo Breakfast & Brunch Recipes for the Modern Food Lover (Volume 2)**

Angela Gallardo

A unique collection of breakfast & brunch recipes for anyone looking to eat more real foods. You'll love the Sausage Muffins with Whipped Parsnips, BLT Breakfast Wrap, and the Soft-Deviled Eggs with Honey-Cured Gravlax. And the Strawberries & Cream Crepes and Browned Butter Waffles will change your life!

\*Nutrient-dense, whole-food ingredients \*100% Gluten-free \*100% Grain-free \*Many nut-free, dairy-free, and egg-free options \*Many low-glycemic options The selection of recipes here in Bare Root Mornings provides the foundation for a nutritious, healing diet.

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