



Ruhetag: The Day to Day Life of the German Soldier in WWII, Vol. 1: Health and Hygiene

Jimmy L. Pool

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During the times German soldiers weren't involved in combat operations, they felt some return to a normal existence and a temporary break from the horrors of war. Relying on wartime British, American, and German references, this book sheds light on the day-to-day life of the German soldier, a topic that has only received passing coverage in many publications. Using the successful formula of the author's previous two-volume series on German rations, this book focuses on Health and Hygiene, exploring many of the technical aspects of items often taken for granted, such as combs and soap. Lavishly illustrated with over 1,000 photographs, charts, wartime advertisements, and other educational aids, this book is a must for every serious collector and historian of the German military in WWII.

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