

The Joy of Being 50 Plus

Allia Zobel

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The baby boomers are turning 50 - one by one, at the alarming rate of every seven seconds for the next 16 years. And just how many will be happily looking forward to blowing out a galaxy of candles and admitting to the world that they're half a century old? Very few, in Allia Zobel's opinion. But that's because they're not looking on the bright side.

In a new collaboration after *The Joy of Being Single* (138,000 copies in print), Ms. Zobel and New Yorker cartoonist Roz Chast take on another seemingly sore subject - being 50 in society that worships youth - and find excellent reasons to celebrate. Such as:

- -You can get a tattoo and chalk it up to hormone imbalance.
- -You can brag to your friends if a construction worker whistles at you.
- -You can have complaining contests about your bunions.
- -You look divine in hats and sunglasses.
- -You're old enough to be a grouch.
- -You can speak from experience.
- -You now know the things you wish you'd known back when, and still have time to do something about it. And while neither Ms. Zobel nor Ms. Chast is anywhere near the magic five-oh (it's the fluorescent lighting), they speak with authority as they advise all 50-year-olds to blow their own horn (if they have enough wind) and beat their own drum (arthritis permitting).



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From reader reviews:

Sally Watts:

As people who live in the particular modest era should be change about what going on or facts even knowledge to make these keep up with the era and that is always change and move forward. Some of you maybe will update themselves by looking at books. It is a good choice for yourself but the problems coming to you is you don't know what type you should start with. This The Joy of Being 50 Plus is our recommendation to help you keep up with the world. Why, because book serves what you want and want in this era.

Jody Tolar:

Spent a free time for you to be fun activity to accomplish! A lot of people spent their sparetime with their family, or all their friends. Usually they accomplishing activity like watching television, planning to beach, or picnic within the park. They actually doing same thing every week. Do you feel it? Will you something different to fill your current free time/ holiday? Can be reading a book could be option to fill your no cost time/ holiday. The first thing that you will ask may be what kinds of e-book that you should read. If you want to consider look for book, may be the guide untitled The Joy of Being 50 Plus can be fine book to read. May be it might be best activity to you.

Elaine Gold:

A lot of people always spent all their free time to vacation or perhaps go to the outside with them household or their friend. Do you know? Many a lot of people spent they will free time just watching TV, or playing video games all day long. If you wish to try to find a new activity that's look different you can read any book. It is really fun for you personally. If you enjoy the book that you read you can spent all day every day to reading a guide. The book The Joy of Being 50 Plus it doesn't matter what good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. If you did not have enough space to create this book you can buy the e-book. You can m0ore very easily to read this book through your smart phone. The price is not to cover but this book offers high quality.

Robert Leggett:

That guide can make you to feel relax. This kind of book The Joy of Being 50 Plus was multi-colored and of course has pictures on the website. As we know that book The Joy of Being 50 Plus has many kinds or type. Start from kids until teenagers. For example Naruto or Private investigator Conan you can read and think that you are the character on there. Therefore, not at all of book are generally make you bored, any it can make you feel happy, fun and unwind. Try to choose the best book to suit your needs and try to like reading that.

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