



# The Persian Wedding Book

*Christen Flack Behzadi M.D.*

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The Persian Wedding Book is a practical guide to preparing, having, and enjoying a Persian (Iranian) wedding for brides, grooms, families and guests. It is also a joyous celebration of Persian weddings, rich with photographs of dazzlingly beautiful items unique to Iranian wedding ceremonies, and sparkling with historical facts, explanations of symbolism, and moments of poetry that honor the great Iranian tradition. The author, Dr. Christen Behzadi, M.D., is an American-born bride married in a Persian wedding ceremony, and she shares her story from beginning to end, allowing brides-to-be and wedding planners to follow the process step-by-step and learn all they need to know to make their own wedding ceremonies an exquisite success. The Persian Wedding Book is packed with valuable real-life tips about what to do, what order to do it in, how to set up one's Sofreh Aghd (the heart of the Iranian wedding celebration), how to find vendors, what expected dress standards are, how to learn the appropriate dances, what foods to feature, what gifts to bring, what courtesies to show (and what social mistakes to avoid), and much much more. The financial responsibilities of the bride and groom and their families are discussed in detail. Associated parties and ceremonies, such as the Ashnaei, the Khastegari, the Baleh-Baron, Namzadi, the Jahaz-Baron, the Hana Bandan, and the Grand Reception (Jashn-Aroosi) are all covered in detail. Even non-Iranian brides seeking new and exciting ideas to individualize their weddings can find ideas on every page; but for the Iranian bride or family planning a truly Persian wedding in any city in the world, here is all the information needed to fashion their own unforgettable ceremony. If you are an Iranian bride or groom, the family of an Iranian bride or groom, friends or guests of such brides or grooms, The Persian Wedding Book is an absolute necessity to planning, fashioning, and celebrating a successful and celebrated wedding that will be an ongoing joy and a memory to cherish for all concerned.

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