



Create The Life You Want Now: Quarterly Goal Journal

Marla A. McCarthy

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Create the Life You Want Now: Quarterly Goal Journal is like having your very own life coach. It guides you in discovering your own path to success in your personal and professional life. This amazing resource will inspire you to work toward a more balanced life and improved relationships. Through goal setting and life planning, you will gain a stronger understanding of your purpose and a deeper spiritual understanding of your life journey. This journal includes a how-to guide, creative space to let your imagination run wild, self-assessment questions, self-reflective questions, journaling prompts, goal coaching, daily journal pages, a yearly to-do calendar, contact sheets for your most-valued mentors, pages for additional notes or brainstorming, and a topical scripture index. All of which will undoubtedly have a profound impact on your life. Utilizing this journal will assist you in exploring possibilities, nourishing your soul, renewing your mind, and restoring your spirit. It will aid you in building a life full of peace, love, joy and prosperity. The content within promotes action and will help keep you in a positive, focused, creative frame of mind to shoot for the stars and realize your dreams!

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