



Life Skills, Grades 5 - 8: Preparing Students for the Future


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Guide students in grades 5 and up toward a healthy lifestyle, both physically and financially, using Life Skills: Preparing Students for the Future. This 128-page book covers topics such as work ethic, nutrition, exercise, sexually transmitted diseases, drugs, and preparing financially for the future. Graphic organizers, self inventories, puzzles, real-life situations, and cloze activities provide creative opportunities for students to assess their own lifestyles and make good choices for the future.

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