

## The Lives of LGBT Older Adults: Understanding Challenges and Resilience

Nancy A. Orel and Christine A. Fruhauf



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Lesbian, gay, bisexual, and transgendered (LGBT) older adults have unique and varying physical and mental health needs. Yet their experiences have often been ignored in gerontological as well as LGBT studies. This book uses a life course perspective to investigate how LGBT older adults have been shaped by social stigma and systematic discrimination. The book explores not only the challenges and needs of this population but also their strengths and resilience. The intersection of cultural factors and personal attributes is emphasized.

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