



# Depression and Bipolar Disorder (Psychological Disorders)

Vatsal Thakkar

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## Depression and Bipolar Disorder (Psychological Disorders)

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For years, people who suffered from depression or bipolar disorder were stigmatized for their problems. Today, most scientists believe these illnesses are caused by chemical imbalances in the brain and can be corrected with medication and talk therapy. Depression and Bipolar Disorder provides basic facts, including its causes and treatments.



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