

Nietzsche's Angel Food Cake: And Other "Recipes" for the Intellectually Famished

Rebecca Coffey

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When Friedrich Nietzsche made angel food cake, did the angel survive the encounter? When Sigmund Freud handled raw fish, where did his thoughts take him? Exactly what did Dorothy Parker mean by the term "Parker House Rolls?" And how did Ernest Hemingway handle his favorite bullfight souvenirs?

Literary humor for those who enjoy smashing idols fondly, Nietzsche's Angel Food Cake: And Other "Recipes" for the Intellectually Famished allows 22 cultural monoliths to share "their" succulent recipes. For those who like cookery to insinuate the hard questions, it offers a funny, surprisingly informative, and entirely whirlwind tour of civilization. Not really a cookbook, it's for lovers of literature, history, art, music, and philosophy, for foodies, and for anyone with a good liberal arts education, no matter how vaguely they remember it.



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