



Adult Coloring Journal: Co-Dependents Anonymous (Mythical Illustrations, Simple Flowers)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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This *Adult Coloring Journal: Co-Dependents Anonymous (Mythical Illustrations, Simple Flowers)* is a completely new way for you who has curiosity to look for some information mainly because it relieves your hunger associated with. Getting deeper you are on it getting knowledge more you know or perhaps you who still have a little bit of digest in reading this *Adult Coloring Journal: Co-Dependents Anonymous (Mythical Illustrations, Simple Flowers)* can be the light food in your case because the information inside this particular book is easy to get by simply anyone. These books develop themselves in the form which is reachable by anyone, yeah I mean in the e-book format. People who think that in e-book form makes them feel tired even dizzy this e-book is the answer. So there isn't any in reading a reserve especially this one. You can find what you are actually looking for. It should be here for a person. So, don't miss that! Just read this e-book sort for your better life as well as knowledge.

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