



# **I am an Aspie Girl: A book for young girls with autism spectrum conditions**

*Danuta Bulhak-Paterson*

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# I am an Aspie Girl: A book for young girls with autism spectrum conditions

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Lizzie is an Aspie Girl - she has Asperger's Syndrome, which means that her brain works differently to her friends, and even to boys with Asperger Syndrome. In this book, Lizzie explains what it's like to be an Aspie Girl, including how she has a special talent for blending in with her friends, how she gets really tired after being at school all day, how she worries about making mistakes, and how she finds it hard to understand how she is feeling.

By simply, clearly and positively explaining the social differences associated with Asperger's Syndrome, or Autism Spectrum Disorder, in young girls, this book will help Aspie Girls aged 5 years and over to understand their diagnosis, recognise their unique strengths and celebrate their differences, and find ways of coping with difficulties. This positive and celebratory book also contains helpful discussion points for parents and professionals to explore further with the girls in their care.

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Are you kind of hectic person, only have 10 or maybe 15 minute in your day to upgrading your mind skill or thinking skill even analytical thinking? Then you have problem with the book compared to can satisfy your short period of time to read it because all of this time you only find book that need more time to be study. I am an Aspie Girl: A book for young girls with autism spectrum conditions can be your answer because it can be read by you who have those short free time problems.

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