



Life as a Mother-In-Law: Roles, Challenges, Solutions

Olivia Slaughter, Jean Kubelun

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Life as a mother-in-law is rarely easy...and until now, it was hard to find an instruction book! But help has arrived in the form of this accessible, informative, and eminently useful guide. Written by two psychologists (and mothers-in-law), and brimming with wisdom gleaned from a wide-ranging survey of other mothers-in-law, Life as a Mother-in-law is the essential primer for navigating the often murky waters of in-law relationships. With a look at the mother-in-law role throughout history and the truth behind the stereotypes, the authors separate myth from reality and deconstruct clichés to reveal how in-law families really work. But Olivia Slaughter, Ph.D., and Jean Kubelun, Ph.D., don't just describe the challenges: they provide in-depth solutions, self-assessment tools, and solid advice based on psychological insights to help you bring harmony and balance to your in-law relationships-and your life. Olivia Slaughter, Ph.D., is a Licensed Educational Psychologist and career counselor. Her experience includes teaching, secondary school counseling, administration, school psychology, and national and international educational consulting. She offers guidance in life planning, parenting, learning, and interpersonal relationships. Dr. Slaughter has been active in providing workshop/in-service training events, including UNICEF in Alexandria, Egypt, where she was a school consultant under USAID sponsorship. She lives with her husband in California. Jean Kubelun, Ph.D., is a Marriage, Family Therapist and a Licensed Educational Psychologist who studied psychoanalytic psychotherapy at the Institute of Contemporary Psychoanalysis. Dr. Kubelun's experience includes over twenty-three years as a school psychologist. She taught both graduate and undergraduate classes at California Lutheran University and California State University, Northridge. Dr. Kubelun has worked as a Conflict Resolution Specialist, an At-Risk Counselor, and an Active Parenting workshop leader and trainer.

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