

The Practice of Behavioural Medicine (Oxford Science Publications)



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Behavioral medicine has grown rapidly as clinical psychologists have come to recognize the tremendous potential for the psychological treatment of physical illness. This book considers the use of psychological methods in the diagnosis and management of selected problems. The authors describe the methods used in their particular area of expertise in enough detail to enable psychologists to put the procedures to work in clinical practice. This is a unique contribution to the field for psychologists and other health professionals interested in behavioral medicine.

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