



Five Ingredient Cookbook: 50 Amazingly Simple 5 ingredient recipes - Make Delicious Dishes Using 5 ingredients or less

Katya Johansson

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looking for a fast meal that only takes up to 5 ingredients to prepare?

then just wait until you buy this book... It will change your whole perspective on food!

Five Ingredient Cookbook - Contains top 50 of my favorite 5 ingredient recipes. It is a great book for busy families, workaholics and lazy people (yes, they count as well :)).

Here are the recipes you will learn after you buy this five ingredients cookbook:

Salads Recipes

- 2.Radish Salad
3. Celery salad with apples
- 4.Bean salad
- 5.Roasted BellPepper Salad
- 6.Beetroot with Horseradish
- 7.Bavarian cabbage salad
- 8.Eggplant Salad
- 9.Potatoes salad
- 10.Oriental Salad

SOUPS

11. Tzatziki with beets
- 12.Gluten free chicken broth
- 13.Tomato Cream Soup

- 14.Potato soup
- 15.Bean soup
- 16.Lentil Cream
- 17.Creamy Lentil Soup
- 18.Pea soup
- 19.Bell pepper Soup
- 20.Corn Chowder

Meat dishes

- 21.Fried Chicken
- 22.Chicken breasts with salsa
- 24.Baked meatballs
- 25.Chicken Breast with peas
- 26.Grilled chicken liver
- 27.Terrine with smoked pork
- 28.Fried Veal with Marinated Onion
- 29.Stuffed Grape leaves
- 30.Chicken breast schnitzel

Vegetarian Recipes

- 31.Name
- 32.Vegetarian"meat" balls
- 33.Spaghetti with mushrooms and tomato sauce
- 34.Potato patties
- 35.Bean Patties
- 36.ChickpeaVegan "Meatballs" (Falafel)
37. Guacamolewith mixed seeds
- 38.vegan chia caviar
39. Eggplant and Zucchini gratin

40. Mujadara-rice with lentils-Arab dish

Desserts

41. Baked French toast

42. Cake Can

43. Biscuit cake with yogurt cream

44. Cake with TiramisuCream

45. Apple Cake with whipped cream

46. Tart with oatmeal and apricot

47. Rhubarb cooked Earl Grey in syrup

48. biscuits with lemon

49. boiled donuts

50. FruitIce Cream

Get this book if you want to...

1. Have an easier life
2. Spend less time on making food
3. Saving time
4. Saving money on groceries

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