



# Healing The Broken Pieces Of My Life And Yours

*France Barringer*

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## **Healing The Broken Pieces Of My Life And Yours** France Barringer

Do you feel broken inside? How to discover, embrace, transform and empower yourself through the broken pieces of your life. In her "can't put it down" life story, *Healing The Broken Pieces of My Life*, companion of this healing guidebook, after recalling tragic events from her past, the author discovers that unhealed emotions are still part of her. As she unravels the gift in each broken piece of her life she gains the freedom to live her life with joy, renewal, peace and strength. This healing guidebook offers you an opportunity to find your own way towards the freedom and peace that you utterly deserve by

- Discovering unhealed emotions and how they affect your body
- Identifying your deepest emotional triggers and how to heal them
- Raising your level of consciousness
- Connecting and listening to your mind, body and soul
- Living an empowering life

You don't have to remain broken . . . Whole is what you are meant to be. If you are ready to take a leap in healing the broken pieces of your life, then you are ready to go on the journey of France's life story and the steps she shares in her healing guidebook. I warn you, be prepared to cry, laugh, love and most of all HEAL." Besan Hanna Bilingual Arabic/English Marriage and Family Therapist This book is a must read for anyone who is serious about breaking the bonds that chain them and leaves in exchange the healing emotions of wonder, joy, compassion and hope. France truly is a light in this world and her books are a testament to the transformation that can occur. They have the power to change your life! Chelsa Michelsen, M.S., Intuitive Astrologer France Barringer is a transformational author and mentor. She facilitates workshops with a mission to assist in the uncovering and healing of the broken pieces of your life. Visit her online at [www.FanceBarringer.com](http://www.FanceBarringer.com)

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