



The New Greengrocer Cookbook

Pete and Joe Carcione

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The New Greengrocer Cookbook Pete and Joe Carcione

Good food, good nutrition, and good sense! The Greengrocer Cookbook will change your shopping and cooking habits forever... Pete Carcione provides a new, expanded version of Joe Carcione's bestselling cookbook, The Greengrocer Cookbook. Sharing heralded recipes from the Carcione family, fruit and vegetable experts, and fans of his father's TV show and column, he enhances and updates the cookbook that earned accolades from The TV Guide and Publisher s Weekly. The New Greengrocer Cookbook provides great new recipes and information for shopping and cooking with the very freshest produce available for every season. Organized for easy reference by seasons, you'll find great tips on how to find the best buys and how to prepare everything from apples to zucchinis. In addition, you ll benefit from new sections which address health issues today, like new exotic fruits and vegetables and antioxidants. Together Joe and Pete Carcione have created one of the best seasonal cookbooks available. It will change your shopping and cooking habits forever.

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