



Psycho-Emotional Pain and the Eight Extraordinary Vessels

Yvonne R. Farrell

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This book is unique in that it discusses the nature of human suffering and how patients can be helped to overcome psycho-emotional pain through work with the Eight Extraordinary Vessels. Emotional suffering and resistance to change can be an impediment to the healing process, with many physical conditions being resistant to treatment due to their psycho-emotional element. Understanding this suffering and providing a therapeutic environment which allows the patient to believe that things can be different improves the effectiveness of an Eight Extras treatment. Approaching the topic from the perspective of suffering means that the theory can be applied to both physical and emotional illness, including addiction, chronic pain, autoimmune conditions and hormonal disorders. This a very practical book and will include a full explanation of how to create an Eight Extras treatment and also case studies showing clinical use of the vessels and how to apply them. These case studies show how coping mechanisms and resistance develops and how important history is in the diagnostic process.

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