



**RELAXING Adult Colouring Book: AMAZING
WINTER ANIMALS - For RELAXATION,
MEDITATION, STRESS RELIEF, CALM and
HEALING (STRESS RELIEVING and
CREATIVITY BOOSTING Colouring Books for
Adults) (Volume 1)**

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NEW

ONE SIDED PAGES

MORE PAGES THAN 95% OF THE COMPETITION

50 + 6 UNIQUE ANTI-STRESS, CREATIVITY BOOSTING ILLUSTRATIONS

INCLUDES TIPS FOR A STRESSFREE LIFE

PREVIEW the first **9 Illustrations** from the book at
<http://relaxation4.me/amazing-winter-animals-the-first-9-illustrations>

"relaxation4.me's work combines artistry, positivity and a genuine effort to do good in the world. Its books are a delight designed for all to enjoy and relax." - Dr. Ben Michaelis, author of Your Next Big Thing: 10 Small Steps to Get Moving and Get Happy

- + International phenomenon and latest mega trend!
- + Free Your mind!
- + Stress Relieving!
- + Coloring will have a healing effect, enhances creativity and is fun!
- + Coloring books are leading the international bestsellers!
- + This Adult Coloring Book will benefit You with WEEKS of coloring fun!
- + Includes very cute baby animals!
- + 50 beautiful designed and amazing detailed images of the most famous winter animals of the whole nature world. Beside many more You will find a cute baby owl, a penguin family and a nut eating squirrel. Also includes some fancy winter utensils.
- + 6 Bonus Images!
- + Almost feels like visiting a zoo!
- + Especially detailed and complex illustrations for grownups but also (older) kids will love it.
- + For girls and boys, women and men, ladies and gents, grandma and grandad!
- + Feel like in Frozen as a princess!
- + Be aware of the wild animals!
- + Maybe also a yeti is awaiting You!
- + Includes: 10 Beautiful Relaxing Sound Suggestions!

- + Includes: 10 Inspirational Positive Messages!
- + Includes: short how to color introduction!
- + Each illustration is on a separate sheet to avoid bleeding through!
- + Easy to color!
- + Improves eye-hand coordination!
- + Calms an anxious mind and cultivates moment-to-moment awareness!
- + Increases self-confidence, self-esteem and self-love!
- + Boosts mental clarity!
- + Enhances the ability of inner focus and lets You develop more mindfulness!
- + Coloring will take You into a Zen Buddhism meditation-like state!
- + Depressions are going to disappear!
- + Wellness yoga for Your mind!
- + Art Therapy!
- + Create Your own art!
- + Makes a Great Christmas Gift, Birthday Gift, Thanksgiving Day Gift, Valentine's Day Gift!
- + 132 pages!
- + Over \$250 (!) of value in this book!
- + Anti-stress guarantee!

What's Inside?

- + Owl
- + Owl Pigeon
- + Wolf Cub
- + Wolf
- + Snowman
- + Stag
- + Baby Stag
- + Eagle
- + Squirrel
- + Sledge
- + Ice Castle
- + Penguin
- + Penguin Family
- + Polar Bear
- + Polar Bear Cub
- + Seal
- + Husky
- + Squirrle With Nuts
- + Walrus
- + Friendly Yeti
- + Feather
- + Winter Symbol
- + Lynx
- + Winter Dragon
- + Rabbit
- + Rat
- + Grizzly
- + Caribou
- + Beluga

- + Bison
- + Eagle Baby
- + Orca
- + Moose
- + Albatross
- + Siberian Tiger
- + Ferret
- + Otter
- + Capricorn
- + Siberian Crane
- + Fish
- + Santa Claus
- + Candle
- + Dove
- + Baby Goat
- + Horse
- + Fir Tree
- + Scarf
- + Glove
- + Raccoon
- + Fox
- + Bonus Illustration #1
- + Bonus Illustration #2
- + Bonus Illustration #3
- + Bonus Illustration #4
- + Bonus Illustration #5
- + Bonus Illustration #6

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Receive **10 FREE Bonus Illustrations** while You are waiting for the book:
<http://relaxation4.me/bonus-relaxing-designs>

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Mark McCarver:

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Ed Abraham:

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