



Adult Coloring Journal: Co-Anon (Safari Illustrations, Purple Mist)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Kelly Neidig:

Often the book Adult Coloring Journal: Co-Anon (Safari Illustrations, Purple Mist) has a lot of knowledge on it. So when you read this book you can get a lot of profit. The book was published by the very famous author. The writer makes some research just before write this book. This particular book very easy to read you can find the point easily after scanning this book.

Bruce Hardin:

Do you one of the book lovers? If yes, do you ever feeling doubt if you find yourself in the book store? Try to pick one book that you just dont know the inside because don't determine book by its protect may doesn't work is difficult job because you are scared that the inside maybe not because fantastic as in the outside search likes. Maybe you answer can be Adult Coloring Journal: Co-Anon (Safari Illustrations, Purple Mist) why because the wonderful cover that make you consider in regards to the content will not disappoint you. The inside or content is usually fantastic as the outside or even cover. Your reading sixth sense will directly direct you to pick up this book.

Daniel Johnson:

Reading a book to get new life style in this 12 months; every people loves to examine a book. When you learn a book you can get a great deal of benefit. When you read guides, you can improve your knowledge, due to the fact book has a lot of information upon it. The information that you will get depend on what sorts of book that you have read. If you wish to get information about your examine, you can read education books, but if you act like you want to entertain yourself look for a fiction books, this kind of us novel, comics, in addition to soon. The Adult Coloring Journal: Co-Anon (Safari Illustrations, Purple Mist) offer you a new experience in reading through a book.

Robin Lawrence:

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