



Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Blue Orchid)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Grace Godwin:

This Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Blue Orchid) book is simply not ordinary book, you have it then the world is in your hands. The benefit you will get by reading this book is usually information inside this reserve incredible fresh, you will get facts which is getting deeper you actually read a lot of information you will get. That Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Blue Orchid) without we comprehend teach the one who studying it become critical in imagining and analyzing. Don't possibly be worry Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Blue Orchid) can bring when you are and not make your tote space or bookshelves' grow to be full because you can have it with your lovely laptop even mobile phone. This Adult Coloring Journal: Co-Dependents Anonymous (Floral Illustrations, Blue Orchid) having very good arrangement in word along with layout, so you will not truly feel uninterested in reading.

David Gehrke:

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Jennifer Shipley:

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