



The MMA Art of War: Strategies for MMA Fighters and Coaches

Billy Matheny

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The MMA Art of War takes mixed martial arts to a whole new level! This revolutionary book of strategy integrates strategies from Sun Tzu's classic, The Art of War, with mixed martial arts. The result is a **MUST HAVE** guidebook for every MMA fighter, coach, or fan! The **SECRETS** of one of the most successful mixed martial arts gyms are shared and expanded on in this incredible book. If you want to win and up your game, **THIS IS THE BOOK FOR YOU!**

In The MMA Art of War you will learn: • Insider strategies for winning • How to increase your intensity • What part of the cage is best • How to research your opponent • How to build a winning team • The importance of having a coach • Why anger is both good and bad • Why you need more than technique • Why being a part of a team is vital • How to get the edge on your opponent • What it takes to be a MMA fighter • How to get a team dietician for **FREE** • How to psyche out your opponent • How to use the cage to your advantage • The importance of disinformation • What is a martial art vs martial science • How to truly motivate your team • How to use a promoter to your advantage • How social media can help you win • And much, much more!

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