



# Instructor's Guide for Nutrition and Diet Therapy

*Carroll A. Lutz, Karen Rutherford Przytulski*

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-- Covers counting carbohydrate educational approach developed by the American Dietetic and Diabetic Associations-- Two new chapters: Individualizing Client Care and Nutritional Care of the Terminally Ill-- Expanded coverage of TPN with a table of indications for PPN and TPN-- Demonstrates TPN calculations used to determine grams of protein, fat, and carbohydrates, percentage of calories from fat, and calorie-to-nitrogen ratios-- Updated physical activity information based on the CDC and American College of Sports Medicine recommendations-- Numerous sample diets and assessment tools-- Each chapter contains a case study organized by nursing process, chapter outline, learning objectives, glossary terms, chapter review questions, clinical analysis questions, clinical calculations, and chapter summaries

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