



# Leadership and Teambuilding in Primary Care

*Clare Mullins, Graham Constable*

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## **Leadership and Teambuilding in Primary Care** Clare Mullins, Graham Constable

This guide contains a foreword by Simon Gregory, Dean of Postgraduate GP Education, Leicestershire, Northamptonshire and Rutland and General Practitioner, Northampton. This concise, jargon-free guide examines and explains the skills and attitudes needed to develop leadership abilities in individuals. It offers practical advice that is ideal for everyday implementation in the workplace. Developed alongside the NHS Leadership Qualities Framework, this book offers a unique 'healthcare organisation as a business' focus - concentrating efforts in the right areas. The case studies bring situations to life, and make it easier to identify with leadership and teambuilding issues. This book is an invaluable resource for practice managers, general practitioners, nurses and other healthcare professionals, including dentists, opticians and pharmacists. Allied health professionals, medical students and administrative staff will also find much of interest. 'Excellent. Tangible. Clear. This is not some simple self-help guide; it is a practical, thorough and useful text. I commend the authors and this book to you and commend the concept of applying leadership to teambuilding. If we are to work in effective teams and deliver effective healthcare then leadership is vital. This book encourages us to apply what we learn about leadership to our teams whether we are in general medical, dental or ophthalmic practice; yet is readily applicable to leadership in many walks of life. It is also readily applicable at various levels within teams. Leadership is about much more than being in charge, and is a vital element of professional practice.' - Simon Gregory, in the Foreword.

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