



# Committed to Love: A Woman's Journey Through Love and Loss

*Susan Lee Mintz*

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"Committed to Love" is a deeply personal one. It details the many issues and experiences I had to confront and deal with in my twenty-five-year marriage to a bisexual man who succumbed to AIDS. The twenty-four chapters in this book range from his diagnosis on June 19, 1992, with AIDS related pneumonia to his death on August 17, 1994. Every aspect of my relationship with Dr. Jeffrey A. Mintz, both as my best friend of thirty-seven years and my husband of twenty-five is explored in explicit detail. The challenge of a marriage under these circumstances was to say the least, both chaotic yet most rewarding. My thoughts about love evoked images of champagne, roses, and chocolates. Yes, I had a lot of all of them in my marriage, but the reality and truth about my life with him was that the word love for me had always meant commitment, unconditional acceptance, and facing every problem with a solution even if I didn't know what the solution would be.

It is in this particular area that I feel my most powerful impact. To say that my marriage was unconventional and that it was difficult is an understatement. But, I would do it all over again because my journey with Jeff provided me the opportunity to discover my own true definition of love. For in those twenty-five years, I was able to find my core, my strength, my faith, my hope, and my true understanding that I was chosen to love him. I was chosen to stay with him. And I was chosen to be able to watch him become the stranger in my bed due to the horrific devastation that his virus brought. To this day, I remain in my heart, Jeff's wife, friend, caregiver, and devoted partner. My hope is that with this book, others may gather up the strength and fortitude to commit to their marriage vows before God first and then, commit to their marriage. May this book give you the understanding of how remarkably strong you can be and how capable you truly are when "Committed to Love."

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