



Diabetes Survival Guide: Understanding the Facts About Diagnosis, Treatment, and Prevention

Stanley Mirsky, Joan Heilman

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“This is a must-read book or all diabetics.”

–Derek LeRoith, M.D., chief of endocrinology, Mount Sinai School of Medicine

The number of diabetics in the United States has increased 61 percent in the last decade. Now this classic, accessible guide has been completely revised with new information on pre-diabetes and prevention, as well as

- the Metabolic Syndrome: risk factors that, along with genetic predisposition, sow the seeds of diabetes
- diet: sensible, easy—to-follow suggestions about what, when, and how much to eat (and the choices are delicious!)
- new drugs: inhaled insulin powder, combination pills, insulin that lasts twenty-four hours, fast-acting “designer” insulin, and other milestones
- cutting-edge equipment: state-of-the-art insulin pumps, glucose monitors, and pen injectors
- complications: innovations for preventing heart disease, kidney failure, neuropathy of the feet and legs, and loss of vision
- stem cell research: the imminent possibility of using stem cells as a source of insulin-producing beta cells
- surgical options: transplantation techniques

If you’re a diabetic or care about someone who is, this comprehensive guide and daily companion belongs front and center on your bookshelf and in your life.

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Heather Roberts:

Playing with family inside a park, coming to see the coastal world or hanging out with friends is thing that usually you will have done when you have spare time, after that why you don't try matter that really opposite from that. A single activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love Diabetes Survival Guide: Understanding the Facts About Diagnosis, Treatment, and Prevention, you may enjoy both. It is very good combination right, you still wish to miss it? What kind of hangout type is it? Oh seriously its mind hangout fellas. What? Still don't have it, oh come on its known as reading friends.

James Snider:

The book untitled Diabetes Survival Guide: Understanding the Facts About Diagnosis, Treatment, and Prevention contain a lot of information on the idea. The writer explains the girl idea with easy method. The language is very straightforward all the people, so do not really worry, you can easy to read it. The book was authored by famous author. The author provides you in the new era of literary works. You can read this book because you can continue reading your smart phone, or program, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can start their official web-site as well as order it. Have a nice read.

Curtis Waters:

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