



# Adult Coloring Journal: Co-Anon (Turtle Illustrations, Watercolor Herringbone)

*Courtney Wegner*

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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The reason why? Because this Adult Coloring Journal: Co-Anon (Turtle Illustrations, Watercolor Herringbone) is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will jolt you with the secret the item inside. Reading this book next to it was fantastic author who have write the book in such wonderful way makes the content within easier to understand, entertaining technique but still convey the meaning totally. So , it is good for you because of not hesitating having this anymore or you

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