



# **SPIRITUAL RECOVERY: A TWELVE-STEP GUIDE**

*GRANT SCHNARR*

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## **SPIRITUAL RECOVERY: A TWELVE-STEP GUIDE GRANT SCHNARR**

Twelve-step programs, based on psychological and spiritual development, serve all who desire spiritual growth. Using a twelve-step approach, author Grant Schnarr presents readers with a path to freedom, away from destructive tendencies, toward a life of greater awareness of others and self, a deeper relationship with God, and greater joy. Filled with practical advice for incorporating the twelve steps into life.

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