



Walking a Golden Mile

William Regal

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Born Darren Matthews, by the age of 15 Regal was taking on allcomers in a Blackpool fairground wrestling booth. He travelled the world and fought the old-time favourites loved by millions of Brits: Giant Haystacks, Big Daddy and Kendo Nagasaki. Soon the glitzy world of US professional wrestling beckoned -- and that's where his life fell apart. By day he was wowing crowds with his encyclopaedic knowledge of the wrestler's art and a toff's act guaranteed to get fans hot under the collar. By night he was guzzling any kind of drug he could get his hands on -- and blotting out his problems with booze. In 2003 Regal suffered a heart attack which almost ended his life -- never mind his career. Yet autumn 2004 sees his triumphant return to the ring. With an unsentimental eye, he recalls just how he pulled himself back from the brink of destruction. He describes life on the road with World Wrestling Entertainment -- the biggest showbiz juggernaut this business has every known. And he reveals how he's battled back to become one of the best loved, and hated figures in the colourful world of sports entertainment. There's even a few juggling midgets thrown in for good measure.

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